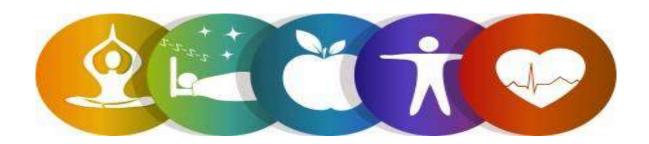
GRANTHAM MUSEUM

WELLNESS FAIR

Organised by Roger Smith roger@stoppaddling.co.uk



Saturday 12th January 2019 1.00pm – 4.00pm

- Nutrition, Food & Mood
- Overcoming Addictions
- Yoga, Better Sleep
- Reversing Diabetes
- Improving Memory
- Healing Through Fasting
- Detox, Looking Good

....and much more!

Free to come along / Hot drinks £1